



ITM Institute of Health Sciences
ITM SKILLS UNIVERSITY



Creating highly-skilled **HEALTH SCIENCE PROFESSIONALS**

For the last **15 ICONIC** years

Chairman's Message



Dr. P. V. Ramana
Chairperson,
ITM Group of Institutions

ITM Institute of Health Sciences is dedicated to emerging as a trusted institute in the global realm of health education. IHS effortlessly creates trained, primary and supportive healthcare workers to improve overall healthcare. The Health Sciences programs can offer the most cost-effective and sustainable strategies to recruit, train and support primary and supportive healthcare education in India.

ITM IHS prepares students to excel in paramedical fields, including mid-level management or supervision across healthcare environments, medical or pharmaceutical sales and community health services. ITM is at its heart, a professional organization, committed to its mission of providing educational opportunities in a fair, equal and accessible manner.

Director's Desk

As a practicing doctor and lifelong student of medical sciences, I welcome aspiring students as they begin their journey in the field of healthcare. The dire need for well-trained healthcare professionals in India is best served by inducting more and more students into the profession through affordable, high-quality and modern training and education in the most high-demand fields of healthcare. At ITM IHS, you are assured of being trained by the most experienced faculties and with the latest knowledge and practices in your chosen field.

Dr. Sankalp Rao

MS (Ophthalmology), MBBS
Fellow- Cornea and Ant Segment
MBA in Hospital Administration



VISION

We at ITM Institute of Health Sciences dedicate our efforts towards fulfilling the need for high-quality and modern education and training for the healthcare profession in India and the world. We shall become the source of well-trained healthcare providers who shall support and enhance the health of the nation.



MISSION

To provide the best education and training in Allied Health Sciences by preparing students to practice high quality and compassionate healthcare.

32 Years of
excellence in
education

About ITM GROUP

ITM Group of Institutions was established in 1991. Today, we offer professional, higher, and technical education at our Institutions and Universities across India, in various streams including Engineering, Management, Health Sciences, Hotel Management, Culinary Arts, Design, and more.

A significant milestone in our 32-year pursuit of excellence in higher education and professional development! We are proud and privileged to launch the ITM Skills University (Established under Government 'Maharashtra Act No. X of 2023). ITM Skills University is ITM Group's third university after the successful launch of ITM universities in Raipur, Chhattisgarh, and Vadodara, Gujarat.

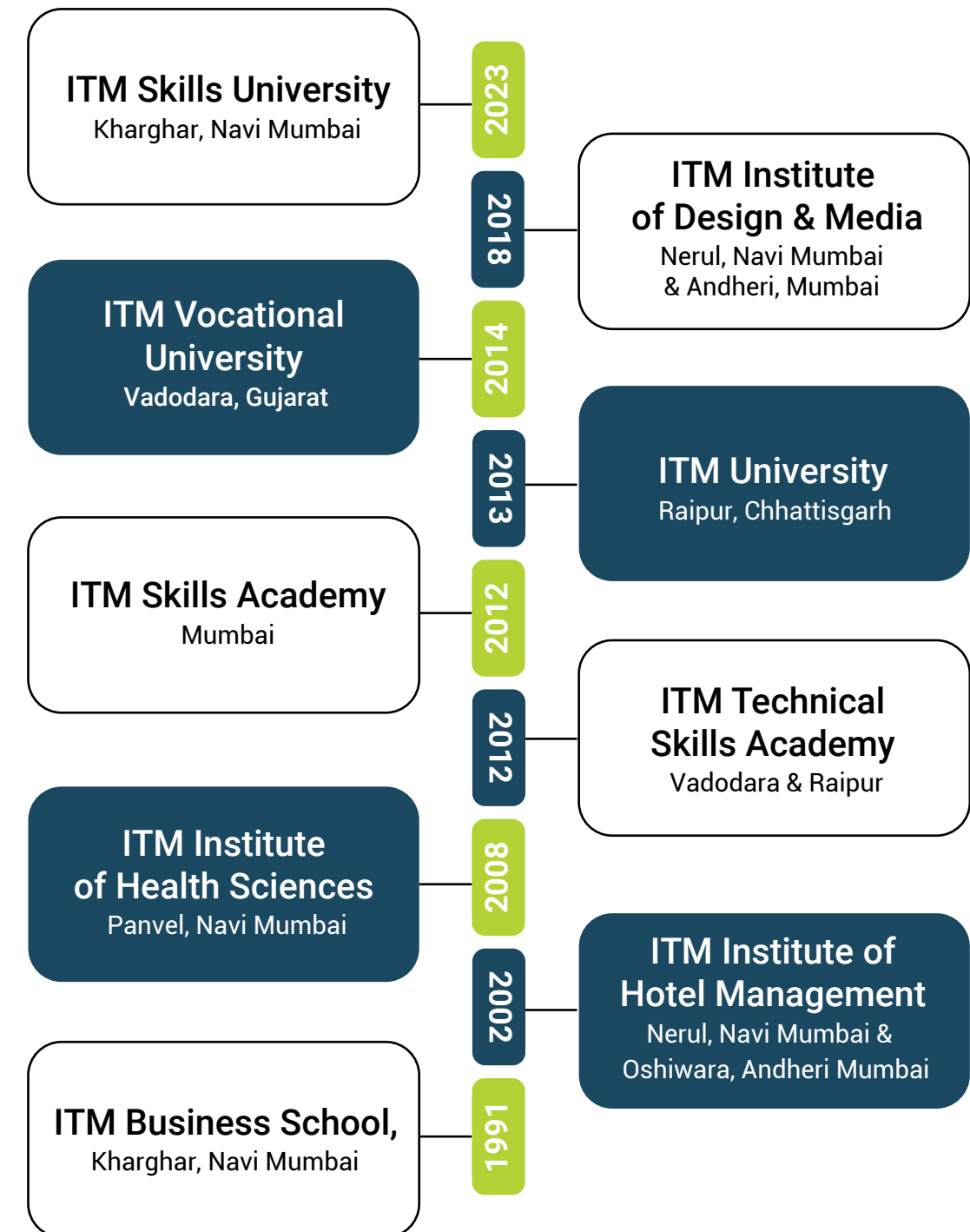
The ITM group has -

- ITM Business School, the oldest and flagship institution ranked amongst the Top 20 B-Schools in India, offers a UGC Approved MBA iConnect program.
- Institute of Hospitality Management and Institute of Culinary Arts in Mumbai respectively ranked amongst India's Top 10 Private Hospitality Institutes.
- ITM Institute of Design and Media, a new-age digital design school focusing on VFX & Animation, Fashion, Interior, and Communication Design streams.
- ITM Institute of Health Sciences, a pioneering Institution, working closely with the health industry to offer programs in allied health professions.
- ITM Universities in Raipur, Chhattisgarh, and Vadodara, Gujarat are UGC-recognized and offer a range of undergraduate and postgraduate programs in Engineering, Life Sciences, Law, Design, Hospitality, and Management.
- The ITM Pathways Academy stands as a beacon of support to guide students on their global career journey and ensures successful placements in the industry.

Furthermore, ITM Group has associations with renowned universities worldwide, such as Manchester Metropolitan University UK, Griffith University AU, University of Reading UK, and many more for student transfer, pathways, and joint certification.

In 32 years, ITM Group has grown in reputation and size, with over 15,000 students currently enrolled in our campuses across India.

We are Growing



About ITM Institute of Health Sciences

“Do you dream of wearing a doctor’s white coat and being recognized in the noble profession of healthcare?”

Welcome to ITM Institute of Health Sciences, a part of the ITM Group of Institutions—India’s fastest-growing educational institute since 1991. Renowned for producing highly trained healthcare professionals in Nursing, Medical Laboratory Technology, and Optometry, ITM IHS is committed to shaping proficient healthcare workers and elevating overall healthcare standards.

ITM IHS, situated in Panvel, Navi Mumbai, boasts a sprawling campus equipped with modern laboratories, an active OPD, and an Optometry Clinic, fostering students’ hands-on experience. Our esteemed faculty, led by practicing doctors, employs cutting-edge curricula and teaching methods, ensuring students are well-prepared for diverse healthcare careers.

As a trusted partner to students and the healthcare industry, ITM IHS offers cost-effective and sustainable strategies to recruit, train, and support primary and supportive healthcare education in India. Our programs prepare students for success in paramedical fields, offering opportunities in mid-level management, pharmaceutical sales, community health services, and more.

“At ITM IHS, we don’t just nurture dreams; we cultivate futures in healthcare.”



5 Reasons Why You Should Choose ITM Institute of Health Sciences



**3000+
Alumni
Network**



**100%
Placement
Assistance**



**Hi-tech
Modern
Labs**



**Industry
Experienced
Faculty**



**50+
Companies
for Campus
Placements**



**Industry
Internship**



**Well Equipped
Infrastructure**



**Dignified
Careers**

BACHELOR OF OPTOMETRY



Optometry Overview

Optometry is a career that offers fulfillment, financial stability, and a chance to contribute to society. It provides satisfaction and opportunities for a successful career with leading healthcare companies in India. What's more, if you dream of working and living abroad, then you must consider an education in Optometry.

Role of an Optometrist:

- ✓ Medical professionals specializing in eye-related problems.
- ✓ Address eye diseases like glaucoma, cataracts, and vision correction.
- ✓ Handle eye disorders and infections such as conjunctivitis and allergies.
- ✓ Diagnose and prescribe corrective lenses or glasses.

Career Opportunities in Optometry

- ✓ Private Practice (Consultancy / Business)
- ✓ Academics (Teaching/Research)
- ✓ Professional Services (Corporate sector)
- ✓ Eye hospital/ Eye clinic
- ✓ Optical Showroom
- ✓ Assistant to Ophthalmologist (Eye Surgeon)



Optometry graduates from ITM Institute of Health Sciences are placed in top companies such as Titan Eye+, Reliance Vision Express, Lenskart and more.

Placement Records 2023

Highest Salary Offered
8 LPA

Average Salary Offered
3.6 LPA

Our Top Recruiters



Meet Our Successfully Placed Leaders

Successful Placements 2023



Khan Waqar



Optometrist
Package: 13.6 LPA



Ekta Mishra



Operational Manager
Package: 8.4 LPA



Aniket Kushte



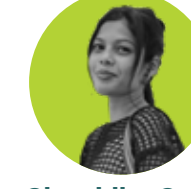
Head Optometrist
Package: 7 LPA



Neha Jadaun
Batch 2019-23



Optometrist
Package: 4.8 LPA



Shraddha Soni
Batch 2019-23



Optometrist
Package: 4.2 LPA



Priyesh Dhuri
Batch 2019-23



Optometrist
Package: 3.78 LPA



Yugandhara Shirodkar



Sr. Optometrist
Package: 4.8 LPA



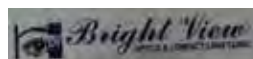
Eefa Deshmukh



Optometrist
Package: 4.8 LPA



William Samuel



Optometrist & Store Manager
Package: 4.2 LPA



Purva Raut
Batch 2019-23



Optometrist
Package: 3.6 LPA



Khushboo Barot
Batch 2019-23



Optometrist
Package: 3.34 LPA



Eram Gogda
Batch 2019-23



Optometrist
Package: 3.48 LPA



Afroz Hashmi



Sr. Optometry
Package: 4 LPA



Shital Rathod



Store Manager
Package: 3.84 LPA



Darshani Kadam



Optometrist
Package: 3.74 LPA



Shruti Waydande
Batch 2019-23



Optometrist
Package: 3.43 LPA



Sapana Gajre
Batch 2019-23



Optometrist
Package: 3.43 LPA



Aakansha Singha
Batch 2019-23



Optometrist
Package: 3.24 LPA

Our International Placements

Meet Our Successful Alumni



Hamza Shaikh

(Batch 2014-17)
Professional Service Manager
SEED, Japan



I am working for a Japan-based contact lens company. I am working as a Professional Service Manager, so I train all over India for the Optoms.

Rahul Chaudhari

(Batch 2012-16)
Optometrist
Akshay, India



I am doing my optometric practice at Akshay Eye Clinic. The level of encouragement one receives from ITM IHS is remarkable.

Internship at



Professional Service Manager



Internship at



Practicing Optometrist



SCAN TO WATCH FULL INTERVIEW



SCAN TO WATCH FULL INTERVIEW

BACHELOR OF OPTOMETRY (B.OPTO)

Bachelor Of Optometry is a 4-year full-time allied healthcare course focusing on eye and vision functions. In the first three years, students learn about human eyesight, disorders, and modern diagnostic and treatment methods. Subjects include Anatomy, Physiology, Ocular Optics, and more. Hands-on training at eye hospitals covers equipment like Retinoscopy and Slit Lamp examination. In the fourth year, a 12-month internship provides practical industry experience.

Eligibility: 12th Science pass with PCB/PCMB subjects and an aggregate of minimum 40% marks.

Lateral Entry (2nd year): 10+2 certificate with PCB and a Diploma in Optometry from recognized Institute.

YEAR 1

FIRST SEMESTER

1. General Anatomy
2. General Physiology
3. General Biochemistry
4. Geometrical Optics-I
5. Nutrition
6. English Communication & Basic Computer

SECOND SEMESTER

1. Ocular Anatomy
2. Ocular Physiology
3. Ocular Biochemistry
4. Physical Optics
5. Geometrical Optics-II
6. Ocular Microbiology & Patholog
7. Clinical Optometry-I

YEAR 2

THIRD SEMESTER

1. Optometric Optics (I)
2. Optometric Instrumentation
3. Ocular Diseases (I)
4. Clinical Examination of the Visual System
5. Dispensing Optics
6. Cbasic and Ocular Pharmacology
7. Clinical Optometry -IT

FOURTH SEMESTER

1. Optometric Optics II
2. Ocular Disease -II
3. Sports Vision
4. Indian Medicine, Telemedicine & Introduction to Quality and Patient Safety
5. Visual Optics I&II
6. Medical Psychology
7. Clinical Optometry-III

YEAR 3

FIFTH SEMESTER

1. Contact Lens (I)
2. Binocular Vision (I)
3. Pediatric & Geriatric Optometry
4. Systemic Diseases
5. Research Methodology & Biostatistics
6. Public Health & Community Optometry
7. Clinical Optometry-IV

SIXTH SEMESTER

1. Contact Lens (II)
2. Binocular Vision (II)
3. Low Vision
4. Occupational Optometry
5. Practice Management, Law & Ethics
6. Neuro Optometry & Glaucoma
7. Clinical Optometry-V and Research Project-I

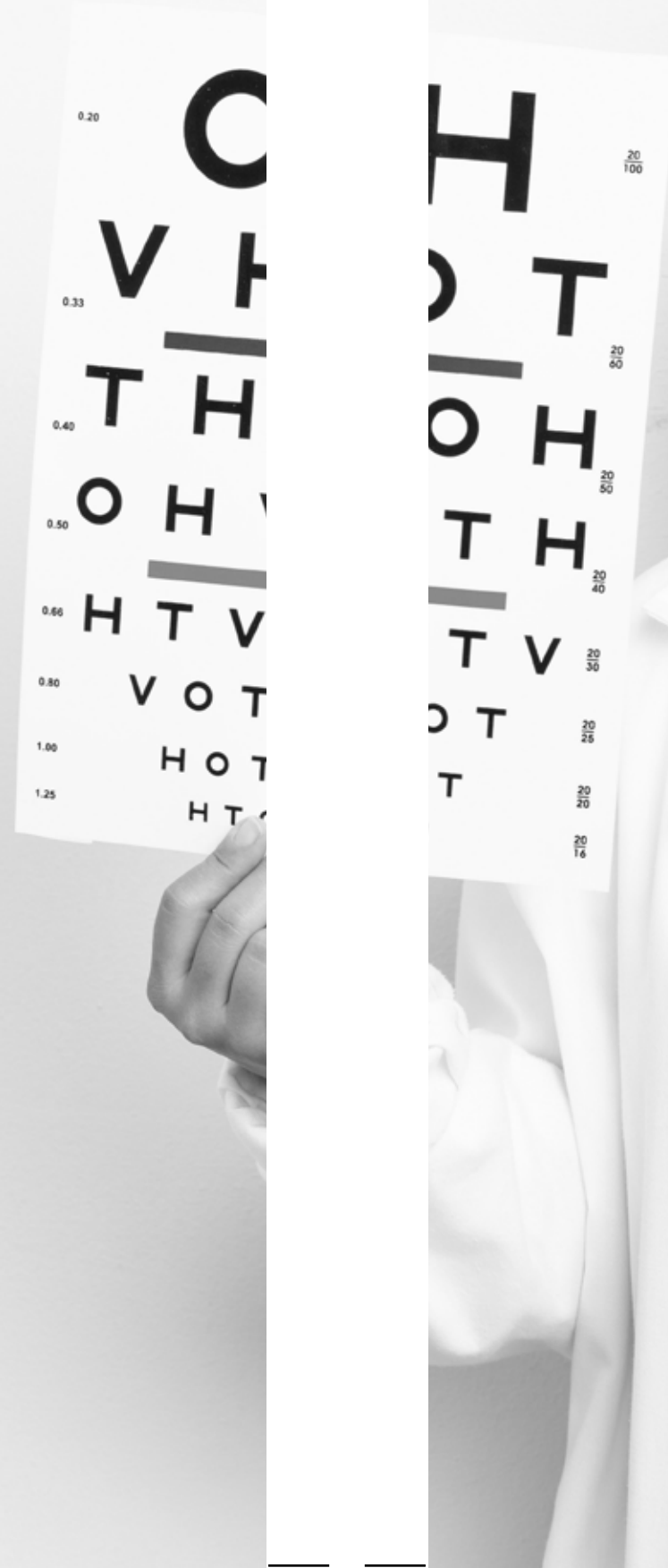
YEAR 4

SEVENTH SEMESTER

1. B. Optom Internship
2. Research Project - II

EIGHT SEMESTER

1. B. Optom Internship
2. Research Project - III



MASTERS OF OPTOMETRY (M.OPTO)

Master of Optometry is a 2-year postgraduate course encompassing coursework, clinic-based patient care, and research projects. The program includes educative seminars, hands-on training, workshops, and special lectures conducted by the Department of Optometry.

Eligibility: B. Optometry or equivalent course with compulsory clinical internship before the date of interview.

Admission Process: July - August every year

YEAR 1

SEMESTER 1

1. Epidemiology & Community Eyecare
2. Research Methodology and Biostatistics
3. Ocular Diseases and Diagnostics I
4. Pediatric Optometry I
5. Clinic I

SEMESTER 2

1. Low Vision Care And Rehabilitation
2. Advanced Contact Lens I
3. Clinical Orthoptics
4. Pediatric Optometry II
5. Clinic II

YEAR 2

SEMESTER 3

1. Ocular Diseases And Diagnostics II
2. Advanced Contact Lens II
3. Vision Therapy
4. Neuro-Optometry
5. Clinic III

SEMESTER 4

1. Clinic IV (General)
2. Clinic V (Specialty)
3. Practical I
4. Practical II
5. Research Project (Dissertation) IV

OPTOMETRY FACULTY



Dr. Purushottam Naidu
Principal (Optometry)
B.optom, Fellowship, M.optom, Fiacle, Phd



Rakesh V. Kaushal
Associate Professor



Kulsum Khan
Associate Professor



Pooja Chouhan
Tutor Cum Clinical Instructor



Swanandi Gawde
Tutor Cum Clinical Instructor



B.Sc MEDICAL LABORATORY TECHNOLOGY



MLT Overview

Medical Laboratory Technology is vital for disease diagnosis and prevention. This course equips candidates to work in diverse lab settings. With today's hectic lifestyles and constant health challenges, these technologists play a crucial role in supporting clinicians by conducting essential lab tests.

Role of a Optometrist:

- ✓ Conduct laboratory tests on blood, tissues, and other body fluids.
- ✓ Analyze samples to assist in diagnosing illnesses or monitoring treatment.
- ✓ Operate sophisticated laboratory equipment and ensure accuracy in results.
- ✓ Document and communicate findings to healthcare professionals.
- ✓ Adhere to strict safety and quality control protocols.
- ✓ Collaborate with healthcare teams to ensure effective patient care.
- ✓ Stay updated on advancements in laboratory technology and techniques.
- ✓ Play a crucial role in disease detection and patient well-being.

Career Opportunities in Optometry

- Private Laboratories
- Community Health Clinics
- Public Health Facilities
- University Research Labs
- Biotechnology Companies
- Speciality Labs, e.g. In Vitro Fertilization Labs
- Academics (Educator in educational institutes)
- Pharmaceutical companies

Medical Laboratory Technology from ITM Institute of Health Sciences are placed in top companies such as Medilab Diagnostics, Thyrocare, Metropolis and more.

Placement Records 2023

Highest Salary Offered
5 LPA

Average Salary Offered
3 LPA

Our Top Recruiters



Meet Our Successfully Placed Leaders

Successful Placements 2023



Sanket Pawar
SANDOZ
AQM
Package: 12 LPA



Deepak Kolambe
Reliance MedLab
Technical Manager
Package: 9 LPA



Sanjay Kamble
PATHAK LABORATORY
Quality Manager
Package: 5.4 LPA



Aftab Shaikh
Batch 2019-23
KRSNAD DIAGNOSTICS
Team leader
Package: 4.2 LPA



Amol Teli
Batch 2019-23
Thyrocare
Lab technician
Package: 2.52 LPA



Raj Chikne
Batch 2019-23
Thyrocare
Lab technician
Package: 2.52 LPA



Rushali Gaiwad
Medilab Diagnostics
Hr manager
Package: 4.2 LPA



Akshay Dhongade
SHI DIAGNOSTIC
Lab owner
Package: 4.2 LPA



Pritika Tupkar
Reliance MedLab
Lab Technician
Package: 3.36 LPA



Shivam Nande
Batch 2019-23
Thyrocare
Lab technician
Package: 2.52 LPA



Israel Mohmmmed Masuri
Batch 2019-23
Thyrocare
Lab Technician
Package: 2.52 LPA



Akshay Kadam
Batch 2019-23
KRSNAD DIAGNOSTICS
Lab Technician
Package: 2.4 LPA



Vedant Shingte
General DIAGNOSTICS
Department Incharge
Package: 3.6 LPA



Shaikh Maaz
Thyrocare
Lab Technician
Package: 2.5 LPA



Ajay Shinde
MEDIFEEL
Phlebotomist
Package: 2.4 LPA



Snehal Jadhav
Batch 2019-23
METROPOLIS
Phlebotomist
Package: 2.3 LPA



Ajit More
Batch 2019-23
agilus
Lab Technician
Package: 2.16 LPA



Moyeed Shaikh
Batch 2019-23
SRL Diagnostics Indrapuram
Technician
Package: 2 LPA

Meet Our Successful Alumni



Anuj Mane

(Batch 2018-21)
Lab Owner
Haemopath Diagnostic, India

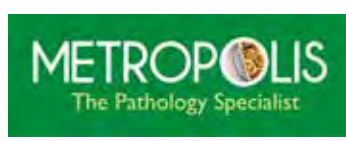


I am an owner of a pathology lab. Initially, I wasn't aware and only through ITM Institute I could find the best for this MLT program.

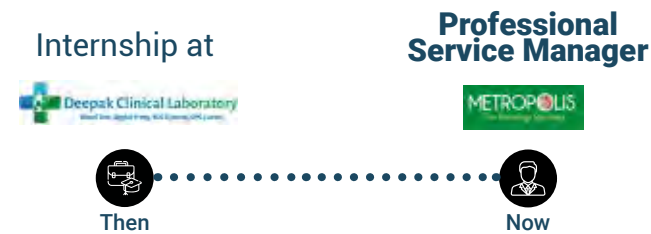


Muskaan Kudale

(Batch 2019-22)
Lab Technologist
Metropolis, India



It is one of the best colleges in Navi Mumbai. The best college Faculties are also supportive, helpful and have a joyful nature.



SCAN TO WATCH FULL INTERVIEW





B.Sc MEDICAL LABORATORY TECHNOLOGY (B.Sc MLT)

The ITM Institute of Health Sciences offers a dynamic 4-year Bachelor of Science in Medical Laboratory Technology. The program begins with a foundational year covering healthcare basics and medical science. From the second year, students dive into specialized areas like Clinical Biochemistry, Microbiology, Hematology, and more. The curriculum blends medical knowledge with technology skills, incorporating the use of advanced instruments like Hematology Analyzers and Clinical Biochemistry Analyzers. In the final year, students embark on a 6-month internship, gaining hands-on experience in hospitals and clinics under the guidance of certified Pathologists. This program equips graduates with the skills needed for modern diagnostics, combining medical expertise with cutting-edge technology.

Eligibility: 12th Science passed with PCB subjects with an aggregate of minimum 40% marks.

YEAR 1

FIRST SEMESTER

1. Introduction to National Healthcare Delivery System in India
2. Basic computers and Soft Skills
3. Medical Terminology, Record keeping and Principles of Lab management with special ref to MLS management
4. Medical Law, Ethics, Professionalism & Values
5. Introduction to Quality and Patient safety
6. Environmental Science, Community orientation & Clinical Visit
7. Basic Computers and Soft skills (Practical)
8. Medical Terminology, Record keeping and orientation to MLS-(Practical)
9. Introduction to Quality & Patient safety-(Practical)
10. Environmental Science-(Practical)

YEAR 2

THIRD SEMESTER

1. Systematic Bacteriology
2. Basics of Haematological diseases
3. Biochemical metabolism
4. Fundamentals of Histology
5. Systematic Bacteriology-Practical
6. Basics of Hematological diseases-(Practical)
7. Biochemical metabolism-(Practical)
8. Fundamentals of Histology-(Practical)

YEAR 3

FIFTH SEMESTER

1. Immunology & Bacterial serology
2. Applied Haematology-II
3. Applied Clinical Biochemistry-I
4. Applied Histopathology-I
5. Immunology & Bacterial serology-(Practical)
6. Applied Haematology-II (Practical)
7. Applied Clinical Biochemistry-I-(Practical)
8. Applied Histopathology-II-(Practical)

YEAR 4

SEVENTH SEMESTER

1. Medical Mycology and Virology
2. Blood Banking & Genetics
3. Immunopathology & Molecular Biology
4. Research methodology and Biostatistics
5. Medical Mycology and Virology-(Practical)
6. Blood Banking & Genetics-(Practical)
7. Immunopathology & Molecular Biology-(Practical)
8. Research methodology and Biostatistics-(Practical)

SECOND SEMESTER

1. General Medical Microbiology
2. Basic Haematology & Clinical Pathology
3. Basic Clinical Biochemistry
4. Human Anatomy and Physiology
5. General Medical Microbiology-(Practical)
6. Basic Haematology & Clinical Pathology -(Practical)
7. Basic Clinical Biochemistry-(Practical)
8. Human Anatomy and Physiology-(Practical)

FOURTH SEMESTER

1. Applied Bacteriology
2. Applied Haematology-I & Clinical Pathology
3. Analytical Clinical Biochemistry
4. Applied Histopathology-I
5. Applied Bacteriology-(Practical)
6. Applied Haematology-I & Clinical Pathology - (Practical)
7. Analytical Clinical Biochemistry-(Practical)
8. Applied Histopathology-I-(Practical)

SIXTH SEMESTER

1. Medical Parasitology & Entomology
2. Advanced Haematology
3. Applied Clinical Biochemistry-II
4. Cytopathology
5. Medical Parasitology & Entomology-(Practical)
6. Advanced Haematology - (Practical)
7. Applied Clinical Biochemistry-II- (Practical)
8. Cytopathology - (Practical)

EIGHT SEMESTER

1. MLS Internship

MEDICAL LAB TECHNOLOGY FACULTY



Ms. Ranjana Mhatre

HOD, Medical Laboratory Technology,
Program Coordinator
Pursuing PHD
D.M.L.T (Diploma In Medical Lab Technology)
M.Sc (Chemistry)



Gowthami Pathallapalli

Assistant Professor



Jitendra Shinde

Assistant Professor



Sayali Mohite

Assistant Professor



Shweta More

Assistant Professor



Anuradha Gurav

Assistant Professor



Ankita Patil

Tutor Cum Clinical Instructor



Sadichha Jadhav

Tutor Cum Clinical Instructor



Karishma Sharma

Tutor Cum Clinical Instructor



Sayali Bhoir

Tutor Cum Clinical Instructor





MODERN EQUIPPED LABS





CAMPUS LIFE



Scan The QR Code TO ENJOY OUR CAMPUS VIEW





ITM Institute of Health Sciences

ITM SKILLS UNIVERSITY

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New Panvel (E), Raigad Dist,
Maharashtra - 410 206.

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